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**Mental Health Resources for Library Workers**

[Mental Health Resources for Librarians](https://www.njstatelib.org/services_for_libraries/training-for-librarians/the-importance-of-health-literacy/mental-health-resources-for-librarians/) (New Jersey State Library)

[Mental Health Resources for Library Staff and Patrons](https://news.nnlm.gov/region_6/2021/08/mental-health-resources-for-library-staff-and-patrons/) (National Library of Medicine)

**Mental Health Resources for Black and Indigenous People of Color (BIPOC)**

[55 Mental Health Resources for People of Color](https://www.onlinemswprograms.com/resources/social-issues/mental-health-resources-racial-ethnic-groups/) (comprehensive list of resources)

[Mental Health Resources for Black, Indigenous and People of Color](https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/for-bipoc-mental-health) (additional resources)

[Mental Healthcare and the Black Community: Conversations on Black Health and Wellness: It's Where the Healing Resides](https://guides.lib.purdue.edu/MHCBC) (includes books, wellness resources, and relevant podcasts).

**Local Mental Health Resources**

[Community Resources](https://www.centerffs.org/community-resources) (Center for Family Services – South Jersey)

[Mental Health Resources](https://www.camdencounty.com/service/mental-health-and-addiction/mental-health-resources-2/) (Camden County)